

FREESTYLE DAILY

NCL NORWEGIAN
CRUISE LINE

CRUISE
LIKE A
NORWEGIAN

TONIGHT'S ENTERTAINMENT

Stardust Showtime: "Encore!"

Join the Norwegian Production Cast as they showcase the recent hits of the Broadway stage, bringing together the best in song and dance from the past decade. From the outrageous pop tunes of Mamma Mia, to the dramatic, soaring melodies of Wicked. The sass and pizzazz of Swing gives way to the unforgettable hits from Jersey Boys. Encore! shines with star quality. Video/audio recording or photography of the show is not permitted. We kindly ask that no children under the age of 10 sit in the front row, and please no reserving of seats. Doors open 30 minutes before showtime.

Time: 7:30pm & 9:30pm, Stardust Theater, Decks 6 & 7, Aft

Newlywed-Not-So-Newlywed with your Cruise Director Richard Matic

Your Cruise Director Richard shows his mischievous side as he delves into the lives of 3 married couples. Guaranteed Laughs! (PG-13)

Time: 8:30pm

Dazzles, Deck 6, Mid

70's Funkalicious Groove Party

Join your Cruise Director Richard Matic, Sinful Sin and the gang as they turn the clocks back to the time of bell-bottoms and disco balls. Disco grooves provided by SOUL Band.

Time: 10:15pm

Dazzles, Deck 6, Mid

Late Night Karaoke Blast with Daring David

Be a singing sensation tonight. Join Daring David from your Cruise Staff for some Karaoke Kraziness. We welcome the good, the bad and the completely tone-deaf!

Time: 8:00pm-9:30pm

Las Ramblas, Deck 12, Aft

SEIZE THE DAY

Good Morning Trivia: Join your Cruise Staff this morning and start your day off right with trivia! You can play in groups or challenge your partner. Don't forget to get those signatures.

Time: 9:30am

Dazzles, Deck 6, Mid

Morning Line Dance Class: Join Dazzlin' Daria from your Cruise Staff this morning for a fun filled dance class for beginners. Learn the basics and build up your confidence on the dance floor.

Time: 9:45am
Observation Lounge, Deck 12, Fwd

Under 3 Activities- "Spaghetti Rainbows" Messy Art Play: Have fun with our new Under 3 Activities. Be prepared to get messy at our organic art class this morning. It's art from the start!
Time 11:00am

Kids Korner, Deck 7, Fwd

Mr. Sexy Legs- Fun in the Sun! This afternoon we will crown "Mr. Sexy Legs 2013". Ladies, bring your man and enter him in this fun competition! Don't forget to bring your cameras. (Weather Permitting)

Time: 1:30pm

Oasis Poolside, Deck 11, Mid

Norwegian Sun Pub Hop: Join your Cruise Staff as they take you on a tour of the ship's watering holes. 5 Bars, 5 Drinks and one heck of a good time! (\$25)

Time: 2:00pm

Topsiders Bar, Deck 11, Mid

Circus Workshop: Have you ever felt like running away and joining the circus? Well now is your chance! Join us today and try your hand at skills like juggling, plate spinning, devil sticks, and so much more.

Time: 2:30pm

Dazzles, Deck 6, Mid

Norwegian Sun Day 2

Thursday Dress Up or Not Night
February 7th, 2013
At Sea

Today's Forecast:
Mostly Sunny, 77F/25C

Sunrise: 6:48am
Sunset: 6:05pm

Tip of the Day: "Dress Up...Or Not"
Meet our Master and Commander, Captain Tommy Stensrud. Enjoy this one time opportunity to meet and take a souvenir photo with your Captain.
Time: 6:00pm-6:30pm
Atrium, Deck 5, Mid

Dazzles Disco becomes an adult-only venue after 12:00am. At 1:00am guests under the age of 17 years must be out of public venues and in their staterooms unless they are actively participating in a scheduled activity or with a parent.

Did You Know...?

Reefs in the Caribbean are 10-15 million years old, young compared to the Pacific ones which are 60-70 million years old.

Only about 2 percent of the Caribbean's numerous islands are inhabited.

It takes about 2 ½ pounds of grapes to make the average bottle of wine.

The character of Jack Sparrow was partially based on Blackbeard, a real "Pirate of the Caribbean."

MUSIC EVERYWHERE

Windjammer, Deck 6, Mid
Songs & Stories with Shane Tapper

Oasis Poolside, Deck 11, Mid
Island Vibes & More with Titanium**

Observation Lounge, Deck 12, Fwd
Music from the Heart with Love Brothers & Lira

THE DAILY RECOMMEND

Shore Excursions

Join your Shore Excursion Specialist for this one time only Shore Excursion Presentation to learn how to maximize your time in port. We want you to have fun and experience the wonders that the upcoming ports have to offer.

Time: 10:00am
Stardust Theater, Decks 6 & 7, Aft

Photo Gallery

Join us in the atrium tonight between 5:30pm-10:00pm for our Dress up...or Not Night. We'll have multiple backdrops to chose from and one by Seven Seas restaurant. Meet your Captain from 6:00pm-6:30pm also in the atrium.
Photo Gallery Hours: 9:00am-11:00pm
Deck 6, Aft

Sun Club Casino

Our exiting Tournaments start today !Join our Texas Hold'em Tournament at 11:00am and win some cash prizes ! Slot and Blackjack Tournament qualifying rounds are in the afternoon! Get on our leader board and win up to \$500 in the Finals last day of your cruise

Bingo

This morning we will crown the King and Queen of Bingo. This is a chance to win free Bingo for the rest of the cruise! This afternoon we will try to give away \$1000 and lots of prizes!

Time: 11:15am & 4:30pm
Dazzles, Deck 6, Mid

Mandara Spa

Struggling with muscle pain, arthritis or fibromyalgia? An Aroma Spa Seaweed Wrap can provide relief. Receive a 75-minute treatment for just \$195.

Or try our popular Hot Stone Massage for those aching muscles. 50 minutes of pure relaxation for just \$149.

Mandara Spa, Deck 11, Fwd or Dial #29

Galleria Tax & Duty Free Shops

Come and enjoy one of the greatest collections of Fire CZ jewelry. We carry the most elegant designs, starting from just \$17.00. Exclusive promotion: receive free 1 CT studs with every \$100 spent in Fire CZ.

Time: 9:00am-11:00pm
Galleria Shops, Deck 7, Aft

Art Gallery

Join us for 2 Art History Seminars today. "Cave Man Art to Modern Art in 30 Minutes" Seminar - A fast, fun and informative visual journey loaded with fascinating trivia and hilarious stories. "Understanding Modern Art" Seminar - History, Major Players and amazing ideas that will open up a whole world to you!

Internet Café

Out to Sea doesn't mean out of touch! Wi-Fi available throughout the ship, even in your stateroom! Time Plans are available for the best rate per minute. Embarkation special is extended! Buy a time plan today and get an extra 20 minutes with time plan 1 and an extra 10 minutes with time plan 2
Internet Café, Deck 6 Atrium (Open 24hrs)

Port and Shopping Consultant

Our upcoming ports of call offer amazing shopping! Join Andrew this afternoon for the Port Information & Shopping Highlights Presentation. Learn about the great tax & duty free shopping in all of our ports. Free diamond charm bracelet for all who attend.

Time: 2:30pm
Stardust Theater, Decks 6 & 7, Aft

Cruise Consultant

Want \$100 to spend onboard today? Your Cruise Reward future cruise deposit gets you \$100 free onboard credit right now. Cruise Rewards are good for 4 years on any cruise of 6-days or more and are fully transferable.

Time: 3:00pm-7:00pm
Cruise Consultant Desk, Deck 6, Mid

Colombian Emeralds International

Join your jewelry team this morning for an Ammolite and Alexandrite presentation. Find out all about the most rare and most beautiful gemstone in the world. Lucky person will win a great peace of jewelry! Don't miss it! 6 days to Emerald event!

Time: 10:30am, Dazzles, Deck 6, Mid

Back to Back Guests:

If you are continuing your journey on to the next cruise, please stop by the Guest Services Desk and bring your new cruise ticket

Deadline: Thursday, St Thomas at 6pm

BAR MANAGER'S SPECIALS

Morning Specials

Bloody Mary, Screwdriver, Mimosa
\$4.25

Last Chance to Purchase

Unlimited Soda package, Soda & Juice package or Ultimate Beverage package

Drink of the Day

Blue Lagoon
\$6.95

Alcohol Free

Teen Mojito
\$4.95

Unlimited Fountain Soda Program

Kids under 12 - \$4.00 per day
Adults - \$6.25
Add \$ 3.00 per day for Soda & Juice

Ultimate Beverage Package, Viva Vino and Water Package

Available for sale in the Java Café and Topsiders Bar

THE DAY AHEAD YOUR CHOICE

Norwegian Sun

Day 2

Thursday, February 7th, 2013

A Morning of Possibilities

Continuous	TV Channel Guide	Channel #19
Always Available	Daily Trivia, Crossword, & Sudoku	Library
Always Available	Board Games Available	Card Room
7:00am	Wake Up Stretch	Fitness Room
7:30am	Fab Abs	Fitness Room
8:00am	Yoga*	Fitness Room
8:00am-8:00pm	Sports Court Open**	Sports
8:00am-8:00pm	Sport Equipment Sign Out**	Towel Station
8:30am	Morning Meditation	Poolside
8:30am	Self-Led Morning Prayer	Chapel
9:00am	Aqua-fit class with Gabi**	Poolside
9:00am	TRX Suspension Training*	Fitness Room
9:00am & 2:00pm	Bridge Players Meet	Card Room
9:00am-12:00pm	\$1 Commission Blackjack	Casino
9:15am	Good Morning Trivia	Dazzles
9:30am	Daily Shuffleboard Challenge**	Sports
9:45am	Line Dance Class with Daria	Observation
10:00am	Shore Excursions Presentation	Stardust
10:00am	Body Sculpt Boot Camp*	Fitness Room
10:15am	Arts & Crafts: Paper Carnations	Windjammer
10:15am-10:45am	Free Gaming Lessons	Casino
10:30am	Ammolite & Alexandrite Seminar	Dazzles
10:30am	Daily Ping-Pong Tournament**	Sports
11:00am	Look 10 Years Younger	Java Cafe
11:00am	Seminar: Cave Man to Modern Art	Windjammer
11:00am	Texas Hold'Em Tournament*	Casino
11:00am	Under 3 Activity: Spaghetti Art Play	Kids Korner
11:00am	Digital Scavenger Hunt (bring camera)	Java Café
11:00am	Detox For Health & Weight Loss	Fitness Room
11:00am-1:00pm	R & B, Reggae & more w/ Titanium**	Poolside
11:15am	Bingo King and Queen Raffle*	Dazzles

An Afternoon of Enjoyment

12:00pm	Poolside Casino**	Poolside
12:00pm-2:00pm	Under 3 Zoo (parental supervision)	Kids Korner
12:15pm	Acupuncture: A Life Changing Intro	Java Café
1:00pm	Lose 1-8 Inches From Your Abs	Mandara Spa
1:00pm-3:00pm	"One Man Show" Kenny G.	Poolside
1:30pm	Slot Tournament*	Casino
1:30pm	Trivia on the Big Screen	Dazzles
1:30pm	Mr. Sexy Legs 2013**	Poolside
2:00pm	Norwegian Sun Pub Hop*	Topsiders
2:00pm	Arthritis and Back Pain Solutions	Java Café
2:00pm	Walking in Comfort	Fitness Room
2:00pm	Intl. Wine & Cheese Tasting*	Le Bistro
2:15pm	Service Clubs Meet	Havana Club
2:30pm	Daily Golf Putting Tournament	Atrium
2:30pm	Port & Shopping Presentation	Stardust
2:30pm	Origami with Awesome Alvin	Windjammer

An Afternoon of Enjoyment (cont'd)

2:30pm	Family Circus Workshop	Dazzles
2:45pm	Veterans & Military Gather	Havana Club
3:00pm	Wrinkle Remedies	Java Cafe
3:00pm	Blackjack Tournament*	Casino
3:00pm-5:00pm	Island Vibes & more w/ Titanium**	Poolside
3:30pm	Basketball Shoot Out**	Sports
3:30pm	Seminar: Understanding Modern Art	Dazzles
4:00pm-6:00pm	Happy Hour (Restrictions Apply)	Observation
4:30pm	\$1,000 Cash & Prize Bingo*	Dazzles
4:30pm-5:30pm	Piano & Cocktails with Denis Pare	Observation
5:00pm	Pilates*	Fitness Room
5:00pm	Classic Martini Tasting*	Champagne
5:00pm	Under 3 Activity: Mini Maestros	Kids Korner
5:00pm-6:00pm	Under 3 Zoo (parental supervision)	Kids Korner
5:00pm-9:00pm	Art Auction Pre-Registration	Art Gallery
5:15pm	Progressive Trivia 1 of 4 with David	Windjammer
5:30pm	Friends of Bill W.	Chapel
5:30pm-7:00pm	Under 3 Zoo (parental supervision)	Kids Korner
5:45pm	Tango Dance Class with Gabi	Dazzles

A Night to Remember

6:00pm	Total Body Conditioning	Fitness Room
6:00pm-6:30pm	Photos w/ Capt. Tommy Stensrud	Atrium
6:15pm-7:00pm	Martinis & Melodies w/ Denis Pare	Windjammer
6:15pm-7:00pm	Smooth Jazz w/ the Sun Showband	Atrium
6:30pm-7:30pm	Latin & Ballroom Faves with DJ Sax	Dazzles
7:00pm	Sailing Solo Get-Together	Windjammer
7:00pm-9:00pm	Any Two Martinis for \$15	Champagne
7:15pm-8:00pm	International Favorites w Denis Pare	Windjammer
7:15pm-8:00pm	Swingin' Standards w/ the Showband	Atrium
7:30pm	Stardust Showtime: Encore	Stardust
7:45pm-8:30pm	Dance Music with SOUL Band	Dazzles
8:00pm-8:45pm	Music with Love Brothers & Lira	Observation
8:00pm-9:30pm	Karaoke Blast w/ Daring David	Las Ramblas
8:15pm-Close	Shane Tapper Performs	Windjammer
8:30pm	Newlywed-Not-So-Newlywed	Dazzles
8:30pm	Friends of Dorothy (GLBT) Meet	Havana Club
8:45pm-9:30pm	Swingin' Standards w/ the Showband	Atrium
9:00pm-9:45pm	Oldies Hits with Love Bros & Lira	Observation
9:15pm-10:00pm	Dance Music with SOUL Band	Dazzles
9:30pm	Stardust Showtime: Encore	Stardust
9:30pm-Close	"One Man Show" Kenny G.	Las Ramblas
9:45pm-10:30pm	"One for the Road" with Denis Pare	Atrium
10:00pm-10:45pm	Latin Music with Love Bros. & Lira	Observation
10:15pm	70's Funkalicious Groove Party	Dazzles
10:30pm	Best by Request with Kenny G.	Las Ramblas
11:00pm	Paradise Lotto*	Casino
11:15pm-Close	Dance Party with DJ Sax (18+)	Dazzles
Continuous	Overnight Slots	Casino

*Denotes a fee for these activities.

** Denotes Weather Permitting

FREESTYLE DINING

Complimentary Dining: Incredible dining starts with our two main dining rooms, casual cafes and self-service buffets, with made-to-order favorites and room service from 5am to midnight — all included in your cruise fare.

Specialty Dining with Cover Charge: Discover everything from steakhouses to French gourmet, all for a nominal cover charge at any of our specialty restaurants. Kids four to 12 eat free from the kid's menu and can enjoy the full specialty menu for 50% off.

Dress Code: Stay relaxed throughout the evening, Cruise Casual is allowed in all our dining venues. Shorts are permitted in all outlets except Seven Seas Dining Room and Le Bistro after 5:00pm. Shoes and shirt must be worn, no T-shirts, tank tops, flip-flops or baseball caps.

Restaurant Cancellations: Cancellations of dinner reservations must be made 24 hours prior to the scheduled dining time. If cancellation occurs with less than 24 hours notice, the full price of the cover per guest will be charged to the guest's folio. To ensure each of our guests receive our best service, we can only hold your dinner reservation for 15 minutes. After 15 minutes, the unclaimed reservation will be released and the full price of the cover per guest will be charged. In the case of pre-paid reservations, no refunds will be issued for cancellations with less than 24 hours notice.

The Perfect Start to the Day

Complimentary:

Early Riser	Buffet (Deck 11, Aft)	5:30am-6:30am
Garden Café	Buffet (Deck 11, Aft)	6:30am-10:30am
Great Outdoor	Buffet (Deck 11, Aft)	7:00am-11:30am
Moderno	Deluxe Continental (Deck 11)	6:30am-10:00am
Seven Seas	Traditional (Deck 5, Aft)	8:00am-10:00am

The Best Way to Fill Your Afternoon

Complimentary:

Garden Café	Buffet (Deck 11, Aft)	11:30am-3:00pm
Great Outdoor	Buffet (Deck 11, Aft)	12:30pm-2:30pm
Great Outdoor Snack	Buffet (Deck 11, Aft)	3:00pm-5:00pm
Moderno	Pizza/Pasta Station (Dk 11, Aft)	12:00pm-2:30pm
Seven Seas	Traditional (Deck 5, Aft)	12:00pm-1:30pm
Poolside BBQ**	BBQ (Deck 11, Mid)	12:00pm-2:00pm

Cover charge applies:

Sushi/Noodle Bar (a la carte)	Sushi Bar (Deck 12, Aft)	12:00pm-2:00pm
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The Dinner You Won't Soon Forget

Complimentary:

Four Seasons	Contemporary (Deck 5, Mid)	5:00pm-9:00pm
Garden Café	Buffet (Deck 11, Aft)	5:00pm-9:30pm
Seven Seas	Traditional (Deck 5, Aft)	5:00pm- 9:30pm

Cover charge applies:

East Meets West (\$25)	Steakhouse (Deck 12, Aft)	5:30pm-Close
Ginza (a la carte)	Sushi Bar (Deck 12, Aft)	5:30pm- Close
Il Adagio (\$15)	Italian (Deck 5, Mid)	5:30pm- Close
Le Bistro (\$20)	French (Deck 12, Aft)	5:30pm- Close
Moderno (\$20)	Churrascaria (Deck 11, Aft)	5:30pm- Close
Teppanyaki (\$25)	(Deck 12, Aft)	5:30pm/7:15pm/9:00pm

Please note that these charges are per person.

For the Anytime Appetite

Casino Buffet	(Deck 7, Mid)	11:00pm-1:00am
Great Outdoor	Late Snacks (Deck 11, Aft)	9:30pm-11:30pm
Ice Cream	Garden Café (Deck 11, Aft)	12:00pm-9:30pm
Las Ramblas	Tapas (Deck 12, Aft)	5:30pm-10:00pm
Room Service	Stateroom Delivery	Always Open
Sports Bar	Comfort Food (Deck 11, Aft)	5:30pm-5:30am

Bar Services

Champ's Bar, Deck 12, Fwd	11:00am-Close**
Champagne Bar, Deck 7, Mid	5:00pm-10:00pm
Dazzles, Deck 6, Mid	7:00pm-Close
Great Outdoor Bar, Deck 11, Aft	7:00am-Close
Java Café, Deck 5, Mid	7:00am-Close
Las Ramblas, Deck 12, Aft	6:00pm-Close
Observation Lounge, Deck 12, Fwd	11:30am-Close
Sports Bar, Deck 11, Aft	11:30am-Close
Sun Casino Bar, Deck 7, Mid	9:00am-Close
Topsiders Bar, Deck 11, Mid	8:00am-Close
Windjammer/ Havana, Deck 6, Mid	12:00pm-Close

Guest Services

Art Gallery, Deck 7, Mid	5:00pm-9:00pm
Colombian Emeralds Int'l, Deck 7, Aft	9:00am-11:00pm
Cruise Consultant Desk, Deck 6, Mid	3:00pm-7:00pm
Entourage Teen Club, Deck 7, Fwd	11:00am-1:00am
Fitness Center, Deck 11, Fwd	6:00am-11:00pm
Galleria Tax & Duty Free Shop, Deck 7, Aft	9:00am-11:00pm
Guest Services Desk, Deck 5, Mid	Always Open
Hot Tubs, Deck 11, Mid**	7:00am-12:00am
Internet Café, Deck 6, Mid	Always Open
Internet Café Manager's Hours	9:00am-12:00pm

Kid's Korner, Deck 7, Fwd	7:00pm-10:00pm
Kid's Korner Late Night, Deck 7, Fwd*	9:00am-10:30pm
Library Hours, Deck 6, Mid	10:30pm-1:30am
	9:00am-11:00am

Mandara Spa & Salon, Deck 11, Fwd	8:00am-10:00pm
Mandara Spa, Steam and Sauna	8:00am-10:00pm
Medical Center, Deck 3, Fwd	8:00am-12:00pm

Medical Center Physicians Available	1:00pm-8:00pm
Deck 3, Fwd	8:30am-10:30am
Oasis Pool, Deck 11, Mid**	3:30pm-5:30pm
Photo Gallery, Deck 6, Mid	7:00am-10:00pm
Port & Shopping Consultants	9:00am-11:00pm
Shore Excursion Desk, Deck 5, Mid	7:00pm-9:00pm
Sports Court Open, Deck 12, Aft**	9:00am-9:00pm
Sun Club Casino, Deck 7, Mid	8:00am-8:00pm
Towel Exchange, Dive In Locker, Deck 11, Mid	9:00am-Close
Video Arcade, Deck 11, Aft*	7:00am-8:00pm
	Always Open

* Denotes a fee for this program.

** Weather Permitting

Environmental Hotline: The environmental hotline shall be used only to report actual or potential environmental incidents, spills, and concerns. Please call 1-877-501-5976, the ship Guest Services Desk at #20, or e-mail to Environmentalhotline@ncl.com. All reports are confidential. Also please be advised that it is strictly prohibited to disembark the vessel with any food products.

Safety Equipment: Please don't remove or meddle with any safety equipment onboard (such as smoke detectors or fire extinguishers). Please follow all safety instructions from the crew. We strongly recommend no running on the open decks except the jogging track on Deck 6.

The Discharge of all Garbage into the Sea is Prohibited. The International Convention for the Prevention of Pollution from Ships (MARPOL) and various domestic laws prohibits the discharge of garbage from ships into the sea. Violation of these requirements may result in penalties. All garbage is to be retained on board and placed in the bins provided.

Towel Station on Deck, 11, Mid is for Towel exchange only. Please bring the towel from your stateroom in order to exchange for a new one. As a courtesy to your fellow guests the reserving of lounge/sun chairs is prohibited. If any chair is left unattended longer than 30 minutes, the items will be removed and handed in at the Guest Services Desk.

All guests are reminded to maintain a high level of vigilance and to take appropriate steps to increase their security and safety awareness when departing the vessel.

Dazzles Nightclub: Please note, Dazzles becomes an adult only venue after 12:00am.

Smoking in public areas is only permitted in designated spaces of open decks: on the portside of the Topsiders Bar, Deck 11. Portside on the outer decks: deck 6 and 12 by the wall with mounted ashtrays. You can also smoke in the casino and stateroom balconies (cigarettes only). Smoking of any kind is prohibited in the staterooms.