

FREESTYLE DAILY

NCL NORWEGIAN
CRUISE LINE®

CRUISE
LIKE A
NORWEGIAN

TONIGHT'S ENTERTAINMENT

Stardust Showtime: Magician Greg Gleason

Norwegian Cruise Line is proud to present the magic and illusions of Gleason Magic; direct from Las Vegas. A show for all ages! Video/audio recording or photography of the show is not permitted. No reserving of seats and no children in the front row.

Time: 7:30pm & 9:30pm

Stardust Theater, Decks 6 & 7, Aft

55 to Stay Alive Game Show

Join your Cruise Staff and watch as your fellow cruisers compete in a series of quick and quirky challenges. They have less than a minute to win it, can they do it?

Time: 8:30pm, Dazzles, Deck 6, Mid

Classic Hits with Love Brothers and Lira

Let our amazing Quartet take you down memory lane as they play your classic favorites of yesteryear. Put on your dance shoes and enjoy your evening with a cocktail or two!

Time: 9:30pm, Observation Lounge, Deck 12, Fwd

Country Western Hoedown with your Cruise Staff

Join your Entertainment Gang and DJ Sax for what will surely be a rootin' tootin' pop-gun shootin' good time! Don't know any country line dances? Even better! We'll teach you! Yee Haw!

Time: 10:15pm, Dazzles, Deck 6, Mid

SEIZE THE DAY

Take the Lead: Gentlemen, show off your new found confidence on the dance floor! For once and for all, show your lady you don't have two left feet! For men only!

Time: 10:15am

Observation Lounge, Deck 12, Fwd

Cooking Demonstration: Join our amazing Food and Beverage Team as they share some of the secrets to our famous cooking delights.

Time: 10:30am

Four Seasons Dining Room, Deck 5, Mid

Poolside Fun- Ms. Biceps 2013: Fun in the sun games. It's time to come out and enjoy some laughter and share your skills as we test you to some basic challenges around the pool. No swimming involved.

Time: 1:45pm

Oasis Poolside, Deck 11, Mid

Family Cupcake Decorating: Join your friendly youth staff for fun family cupcake decorating! Pick all your favorite toppings, and enjoy! Yum! (Ages 2-17)

Time: 3:00pm

Moderno Restaurant, Deck 11, Aft

Survival Spanish and Cartagena 101: Did you know Colombians are rated among the happiest of nations in the world? And nobody beats the Costeños when it comes to throwing a party. Join Gabi for a little Culture 101 & survival Spanish.

Time: 4:00pm

Windjammer, Deck 6, Mid

A Tribute to the Beatles with Shane: Help! "I am The Walrus" and "I Want to Hold Your Hand". If you're a Beatles lover, then join Shane Tapper for this fantastic musical tribute- not to be missed!

Time: 9:30pm-10:15pm

Windjammer, Deck 6, Mid

Norwegian Sun Day 3

Friday
February 8th, 2013

At Sea

Today's Forecast:

Partly Sunny, 80F/27C

Sunrise:

6:29am

Sunset:

5:58pm

Tip of the Day:

Back to Back Guests:

If you are continuing your journey on to the next cruise, please stop by the Guest Services Desk and bring your new cruise ticket

Deadline:

Thursday, St Thomas, 6pm.

Did You Know...?

A baby Octopus is the size of a flea when it is born.

A Penguin swims at the speed of approximately 15 miles per hour.

Christopher Columbus is credited with "discovering" St. Thomas during his second voyage to the New World.

A knot is one nautical mile per hour. (One knot is about 15% faster than one mile per hour.)

MUSIC EVERYWHERE

Las Ramblas, Deck 12, Aft
"One Man Show" Kenny G.

Windjammer, Deck 6, Mid
Songs & Stories with Shane Tapper

Observation Lounge, Deck 12, Fwd
Music from the Heart with Love Brothers & Lira

THE DAILY RECOMMEND

Shore Excursions

Looking for a day at the beach? Come and see us today. Tours sell out. Don't be left on the pier with nothing to do.
Desk Hours: 10:00am-9:00pm
Shore Excursion Desk
Atrium, Deck 5, Mid

Mandara Spa

Acupuncture for Pain Relief
Start feeling better today and enjoy your cruise! Get relief from joint pain, neck/back/shoulder pain, knee problems, sciatica, arthritis, injuries and much more. Complimentary consultations available with Dr. Ma.
Mandara Spa, Deck 11, Fwd

Port and Shopping Consultant

Join Andrew and Teresita this morning for a fun and informative presentation. Learn the 4c's of diamonds and gemstones, plus learn how to get the most value for your dollar when shopping for gemstones. Free pair of Tanzanite stud earrings for all guests in attendance!
Time: 11:30am, Stardust, Deck 6, Aft

Photo Gallery

Stop in the atrium tonight, kick off your shoes and have some fun on our freestyle white backdrop. We'll also have a backdrop set up outside Seven Sea's. No sitting fees, no obligation to purchase.
Studio Hours: 6:00pm-10:00pm.
Photo Gallery Hours: 9:00am-11:00pm
Deck 6, Aft

Galleria Tax & Duty Free Shops

Come and see our new 2012 collection of high quality Swarovski, Austrian fashion jewelry. We also have a great selection of crystal figurines from Disney, Hello Kitty and much more. Don't forget our beach deck sale taking place poolside from 9:00am-2:00pm.
Galleria Shops, Deck 7, Aft

Cruise Consultant

Join Jamie at 2:00pm in the Stardust Theater for a Sneak Peek of the Norwegian Breakaway. Our next ship is being built right now in Germany and will set sail in the Spring of 2013.
Desk Hours: 10:00am-12:00pm & 3:00pm-6:00pm
Cruise Consultant's Desk, Deck 6, Mid

Sun Club Casino

Tournaments continue today!
Texas Hold'Em starts at 11:00am.
Slots and Blackjack tournaments qualifying rounds are still ongoing. Do you want to catch up and join in? Visit us in the Sun Club Casino. There are still seats available.
Time: 9:00am-Close

Art Gallery

Join us this morning for the enrichment trivia. We will be going through the ages of art and testing your knowledge of art history as well as inform you of the many new exciting events happening in the world of art.
Time: 10:30am
Windjammer, Deck 6, Mid

Colombian Emeralds International

Join us this morning for Kabana presentation in Dazzles; at 10:15am Kabana is the most touchable jewelry you have ever seen. Touch and feel our amazing collection exclusive here on board Norwegian Sun, 10% of the tag price.
Time: 10:15am
Dazzles, Deck 6, Mid

Bingo

This afternoon everyone gets to play one game for free. Bring your green bingo card from your stateroom to play. Also, get more Raffle Tickets for our 7-day cruise for 2 give-away. A \$5,000 Jackpot is yours if you call a valid bingo by the win-ball number!
Time: 4:30pm
Dazzles, Deck 6, Mid

Internet Café

Wireless access is available anywhere on the ship, including your stateroom.
iPad/iPod/iPhone users: Your Internet Manager encourages you to pick up a Wireless Information Sheet.
Manager's Hours: 9:00am-12:00pm, 1:00pm-4:00pm & 7:00pm-10:00pm
Internet Café, Deck 6 Atrium (Open 24 hrs)

The BAGS Program

Lighten your load and make your journey simple. Sign-up and your luggage will be waiting for you at your final destination. Flyers are available with all the details as charges and some restrictions apply.
Booking Deadline:
Thursday, St Thomas at 6:00pm

BAR MANAGER'S SPECIALS

Morning Specials

Bloody Mary, Screwdriver, Mimosa
\$4.25

Beer Bucket

Buy 5 Beers and get 1 Free
Offer valid on open decks only

Drink of the Day

Bushwacker
\$6.95

Alcohol Free

Banana Berry Freeze
\$4.95 (souvenir glass included)

Patron Tequila Flight

Silver, Reposado & Anejo - 1 oz each
\$12.00

Packages

Save with Viva Vino and Water packages.
Available in the Java Café and Topsiders Bar.

THE DAY AHEAD YOUR CHOICE

Norwegian Sun Day 3

Friday, February 8th, 2013

A Morning of Possibilities

Continuous	TV Channel Guide	Channel #19
Always Available	Daily Trivia, Crossword, & Sudoku	Library
Always Available	Board Games Available	Card Room
All day	Teeth Whitening Free Consultation	Mandara Spa
7:00am	Wake Up Stretch	Fitness Room
7:30am	Fab Abs	Fitness Room
8:00am	Indoor Cycling*	Fitness Room
8:00am-8:00pm	Sports Court Open**	Sports
8:00am-8:00pm	Sport Equipment Sign Out**	Towel Station
8:30am	Self-Led Morning Prayer	Chapel
8:30am	Morning Meditation	Poolside
9:00am	Latin Fitness Class w/ Glam Gabi	Poolside
9:00am	TRX Suspension Training*	Fitness Room
9:00am-12:00pm	\$1 Commission Blackjack*	Casino
9:00am- & 2pm	Bridge Players Meet	Card Room
9:30am	Daily Shuffleboard Challenge**	Sports
9:30am	Good Morning Trivia	Dazzles
10:00am	Acupuncture Demonstration	Mandara Spa
10:15am	Kabana Presentation	Dazzles
10:15am	Take the Lead Dance Class	Observation
10:15am	Arts & Crafts: Dollar Folding	Java Café
10:30am	Daily Ping-Pong Tournament**	Sports
10:30am	Cooking Demonstration	Four Seasons
10:30am	Art Trivia	Windjammer
11:00am	Secrets to a Flatter Stomach	Fitness Room
11:00am	Texas Hold'Em Tournament*	Casino
11:00am	Under 3 Activity: Mini Veggie Art	Kids Korner
11:00am-1:00pm	Island Vibes & more w/ Titanium**	Poolside
11:00am-1:00pm	Volleyball Play**	Sports
11:15am	Latin Line Dance Class w/ Daria	Dazzles
11:30am	Diamond & Gemstone Seminar	Stardust
11:45am	Big Screen Trivia with Amazing Alvin	Windjammer

An Afternoon of Enjoyment

12:00pm	Acupuncture Pain Management	Java Café
12:00pm	Poolside Casino**	Poolside
12:00pm-2:00pm	Under 3 Zoo (parental supervision)	Kids Korner
1:00pm	Family Dodgeball	Sports
1:00pm	Ryder Cup: The Qualifier	Atrium
1:00pm-3:00pm	Guitar Man Shane Tapper	Poolside
1:30pm	Champagne Art Auction	Dazzles
1:30pm	Slot Tournament*	Casino
1:45pm	Poolside Fun: Ms. Biceps 2013**	Poolside
2:00pm	Breakaway Sneak Peek	Stardust
2:00pm	Powerful Posture	Fitness Room
2:00pm	Veterans Informal Get-Together	Havana Club
2:15pm	Napkin Folding Class	Windjammer
2:30pm	Watch Seminar with Andrew	Java Café
3:00pm	Cupcake Decorating (Ages 2-17)	Moderno
3:00pm	Blackjack Tournament*	Casino

An Afternoon of Enjoyment (cont'd)

3:00pm	Global Beer Tasting*	Sports Bar
3:00pm-5:00pm	R & B, Reggae & more w/ Titanium**	Poolside
3:30pm	Basketball Shoot Out**	Sports
4:00pm	Survival Spanish & Cartagena 101	Windjammer
4:00pm-6:00pm	Happy Hour (Restrictions apply)	Observation
4:30pm-5:30pm	Piano & Cocktails w/ Denis Pare	Observation
4:30pm	Free Card Frenzy Bingo*	Dazzles
5:00pm	Pilates*	Fitness Room
5:00pm	Signature Martini Tasting*	Champagne
5:00pm	Under 3: Motion of the Ocean	Kids Korner
5:15pm	Progressive Trivia #2 of 4 w/ David	Windjammer
5:30pm	Friends of Bill W.	Chapel
5:30pm-7:00pm	Under 3 Zoo (parental supervision)	Kids Korner

A Night to Remember

6:00pm	Total Body Conditioning	Fitness Room
6:00pm	Self-Led Shabbat Service	Chapel
6:00pm	Hot Seat Promotion- Win Prizes!	Casino
6:15pm-7:00pm	Smooth Jazz w/ the Sun Showband	Atrium
6:15pm-7:00pm	"Around the World" with Denis Pare	Windjammer
6:45pm-7:30pm	Dance & Romance with SOUL	Dazzles
7:00pm	Sailing Solo Get-Together	Windjammer
7:00pm-9:00pm	2 Martinis for \$15	Champagne
7:15pm-8:00pm	Swing Time with the Sun Showband	Atrium
7:15pm-8:15pm	Piano Favorites with Denis Pare	Windjammer
7:30pm	Showtime: Gleason Magic	Stardust
7:30pm-8:15pm	Music with Love Brothers & Lira	Observation
7:45pm-8:30pm	Hit the Dance Floor w/ SOUL	Dazzles
8:30pm	55 to Stay Alive Game Show	Dazzles
8:30pm	Name that Broadway Tune w/ Sin	Windjammer
8:30pm	Friends of Dorothy (GLBT) Meet	Havana Club
8:30pm-9:15pm	Love Bros. & Lira: Music & Harmony	Observation
8:45pm-9:30pm	Sonatas to Sinatra w/ Denis Pare	Atrium
9:30pm	Showtime: Gleason Magic	Stardust
9:30pm	Beatles Tribute with Shane Tapper	Windjammer
9:30pm	Classic Hits with Love Bros & Lira	Observation
9:30pm-10:15pm	Party Rock with SOUL	Dazzles
9:30pm-11:30pm	Karaoke Blast w/ Down Under David	Las Ramblas
9:45pm-10:30pm	"One for the Road" w/ Denis Pare	Atrium
10:30pm	Country Western Hoedown	Dazzles
10:30pm	Oldies Hits with Love Bros & Lira	Observation
10:30pm-11:15pm	Songs & Stories w/ Shane Tapper	Windjammer
11:00pm	Paradise Lotto*	Casino
11:15pm-12:00am	Stay out Late with SOUL	Dazzles
12:00am-Close	Dance Party with DJ Sax (18+)	Dazzles
Continuous	Overnight Slots	Casino

* Denotes a fee for these activities.

** Denotes Weather Permitting

FREESTYLE DINING

Complimentary Dining: Incredible dining starts with our two main dining rooms, casual cafes and self-service buffets, with made-to-order favorites and room service from 5am to midnight — all included in your cruise fare.

Specialty Dining with Cover Charge: Discover everything from steakhouses to French gourmet, all for a nominal cover charge at any of our specialty restaurants. Kids four to 12 eat free from the kid's menu and can enjoy the full specialty menu for 50% off.

Dress Code: Stay relaxed throughout the evening, Cruise Casual is allowed in all our dining venues. Shorts are permitted in all outlets except Seven Seas Dining Room and Le Bistro after 5:00pm. Shoes and shirt must be worn, no tank tops, flip-flops or baseball caps.

Restaurant Cancellations: Cancellations of dinner reservations must be made 24 hours prior to the scheduled dining time. If cancellation occurs with less than 24 hours notice, the full price of the cover per guest will be charged to the guest's folio. To ensure each of our guests receive our best service, we can only hold your dinner reservation for 15 minutes. After 15 minutes, the unclaimed reservation will be released and the full price of the cover per guest will be charged. In the case of pre-paid reservations, no refunds will be issued for cancellations with less than 24 hours notice.

The Perfect Start to the Day

Complimentary:

Early Riser	Buffet (Deck 11, Aft)	5:30am-6:30am
Garden Café	Buffet (Deck 11, Aft)	6:30am-10:30am
Great Outdoor	Buffet (Deck 11, Aft)	7:00am-11:30am
Moderno	Deluxe Continental (Deck 11)	6:30am-10:00am
Seven Seas	Traditional (Deck 5, Aft)	8:00am-10:00am

The Best Way to Fill Your Afternoon

Complimentary:

Garden Café	Buffet (Deck 11, Aft)	11:30pm-3:00pm
Great Outdoor	Buffet (Deck 11, Aft)	12:30pm-2:30pm
Great Outdoor Snack	Buffet (Deck 11, Aft)	3:00pm-5:00pm
Moderno	Pizza/Pasta Station (Dk 11, Aft)	12:00pm-2:30pm
Seven Seas	Traditional (Deck 5, Aft)	12:00pm-1:30pm
Poolside BBQ**	BBQ (Deck 11, Mid)	12:00pm-Close

Cover charge applies:

Sushi/Noodle Bar (a la carte)	Sushi Bar (Deck 12, Aft)	12:00pm-2:00pm
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The Dinner You Won't Soon Forget

Complimentary:

Four Seasons	Contemporary (Deck 5, Mid)	5:00pm-9:00pm
Garden Café	Buffet (Deck 11, Aft)	5:00pm-9:30pm
Seven Seas	Traditional (Deck 5, Aft)	5:00pm-9:30pm

Cover charge applies:

East Meets West (\$25)	Steakhouse (Deck 12, Aft)	5:30pm-Close
Ginza (a la carte)	Sushi Bar (Deck 12, Aft)	5:30pm- Close
Il Adagio (\$15)	Italian (Deck 5, Mid)	5:30pm- Close
Le Bistro (\$20)	French (Deck 12, Aft)	5:30pm- Close
Moderno (\$20)	Churrascaria (Deck 11, Aft)	5:30pm- Close
Teppanyaki (\$25)	(Deck 12, Aft)	5:30pm/7:15pm/9:00pm

Please note that these charges are per person.

For the Anytime Appetite

Casino Buffet	(Deck 7, Mid)	11:00pm-1:00am
Great Outdoor	Late Snacks (Deck 11, Aft)	9:30pm-11:30pm
Ice Cream	Garden Cafe (Deck 11, Aft)	12:00pm-9:30pm
Las Ramblas	Tapas (Deck 12, Aft)	5:30pm-10:00pm
Room Service	Stateroom Delivery	Always Open
Sports Bar	Comfort Food (Deck 11, Aft)	5:30pm-5:30am

Bar Services

Champ's Bar, Deck 12, Fwd	11:00am-Close**
Champagne Bar, Deck 7, Mid	5:00pm-10:00pm
Dazzles, Deck 6, Mid	7:00pm-Close
Great Outdoor Bar, Deck 11, Aft	7:00am-Close
Java Café, Deck 5, Mid	7:00am-Close
Las Ramblas, Deck 12, Aft	5:30pm-Close
Observation Lounge, Deck 12, Fwd	10:00am-Close
Sports Bar, Deck 11, Aft	11:30am-Close
Sun Casino Bar, Deck 7, Mid	9:00am-Close
Topsiders Bar, Deck 11, Mid	8:00am-Close
Windjammer/ Havana, Deck 6, Mid	12:00am-Close

Guest Services

Art Gallery, Deck 7, Mid	By Appointment
Colombian Emeralds Int'l, Deck 7, Aft	9:00am-11:00pm
Cruise Consultant Desk, Deck 6, Mid	10:00am-12:00pm
	3:00pm-6:00pm
Entourage Teen Club, Deck 7, Fwd	11:00am-1:00am
Fitness Center, Deck 11, Fwd	6:00am-11:00pm
Galleria Tax & Duty Free Shop, Deck 7, Aft	9:00am-11:00pm
Guest Services Desk, Deck 5, Mid	Always Open
Hot Tubs, Deck 11, Mid**	7:00am-12:00am
Internet Café, Deck 6, Mid	Always Open
Internet Café Manager's Hours	9:00am-12:00pm
	1:00pm-4:00pm
	7:00pm-10:00pm
Kid's Korner, Deck 7, Fwd	9:00am-10:30pm
Kid's Korner Late Night, Deck 7, Fwd*	10:30pm-1:30am
Library Hours, Deck 6, Mid	9:00am-11:00am
	4:00pm-6:00pm
Mandara Spa & Salon, Deck 11, Fwd	8:00am-10:00pm
Mandara Spa, Steam and Sauna	8:00am-10:00pm
Medical Center, Deck 3, Fwd	8:00am-12:00pm
	1:00pm-8:00pm
Medical Center Physicians Available	8:30am-10:30am
Deck 3, Fwd	3:30pm-5:30pm
Oasis Pool, Deck 11, Mid**	7:00am-10:00pm
Photo Gallery, Deck 6, Mid	9:00am-11:00pm
Port & Shopping Consultants	7:00pm-9:00pm
Shore Excursion Desk, Deck 5, Mid	10:00am-9:00pm
Sports Court Open, Deck 12, Aft**	11:00am-8:00pm
Sun Club Casino, Deck 7, Mid	9:00am-Close
Towel Exchange, Dive In Locker, Deck 11, Mid	7:00am-8:00pm
Video Arcade, Deck 11, Aft*	Always Open

* Denotes a fee for this program.

** Weather Permitting

Environmental Hotline: The environmental hotline shall be used only to report actual or potential environmental incidents, spills, and concerns. Please call 1-877-501-5976, the ship Guest Services Desk at #20, or e-mail to Environmentalhotline@ncl.com. All reports are confidential. Also please be advised that it is strictly prohibited to disembark the vessel with any food products.

Safety Equipment: Please don't remove or meddle with any safety equipment onboard (such as smoke detectors or fire extinguishers). Please follow all safety instructions from the crew. We strongly recommend no running on the open decks except the jogging track on Deck 6. The Discharge of all Garbage into the Sea is Prohibited. The International Convention for the Prevention of Pollution from Ships (MARPOL) and various domestic laws prohibits the discharge of garbage from ships into the sea. Violation of these requirements may result in penalties. All garbage is to be retained on board and placed in the bins provided.

Towel Station on Deck, 11, Mid is for Towel exchange only. Please bring the towel from your stateroom in order to exchange for a new one. As a courtesy to your fellow guests the reserving of lounge/sun chairs is prohibited. If any chair is left unattended longer than 30 minutes, the items will be removed and handed in at the Guest Services Desk.

All guests are reminded to maintain a high level of vigilance and to take appropriate steps to increase their security and safety awareness when departing the vessel.

Dazzles Nightclub: Please note, Dazzles becomes an adult only venue after 12:00am.

Smoking in public areas is only permitted in designated spaces of open decks: on the portside of the Topsiders Bar, Deck 11. Portside on the outer decks: deck 6 and 12 by the wall with mounted ashtrays. You can also smoke in the casino and stateroom balconies (cigarettes only). Smoking of any kind is prohibited in the staterooms.